FEAST OF CORPUS CHRISTI

In this week’s Gospel, the disciples are told to prepare the Passover. While the Jewish Passover feast celebrated God's goodness in liberating the chosen people from slavery in Egypt, the Supper which Jesus gives will commemorate the selfless love of his death on the cross, by which we are liberated and born to new life.

In blessing and sharing the bread and wine Jesus is giving himself. By doing this in memory of him his disciples make present through the centuries the gift and sacrifice of Jesus Christ. The Letter to the Hebrews illustrates how the death of Christ is the once-and-for-all sacrifice of himself for our salvation. It is by his own blood that Christ purifies us.

Prayer

Creator God, source of all love and truth.
We give thanks for the communal life we share at Mount Lilydale Mercy College.
Together we have committed ourselves to:

- Be faithful to our Catholic heritage & Mercy tradition
- Celebrate all that is good with joy and gratitude
- Welcome all people, especially the most vulnerable
- Practise justice and service
- Engender a love of learning and a sense of purpose.

We believe that you are always calling us to new horizons; May we be open to the opportunities that lie ahead so that we may serve all in our care with compassion, imagination and courage.

Amen

Dear Parents/Guardians, Students, Staff and Friends

Last Saturday evening saw the induction of the first members of the Mount Lilydale Mercy College Mercy Honour Roll - Sr Beth Calthorpe rsm, Sr Carol Terpstra msc, Dr Julia Harrison and Mr Peter Anderson. Their details were provided in the previous edition of this newsletter. It was a wonderful evening and the Old Collegians Association is to be congratulated for the organisation of this event. There were many highlights throughout the evening. Each of the inductees spoke about what their time at the College has given them. In particular to hear Mrs Leanne Anderson reflect on the impact that Motor Neurone Disease has had on her husband Peter and the way their lives have had to adapt. All those present commented on the strong sense of community they felt not only on the night but whenever they come into contact with the College. I think this is best summed up by our Mercy heritage and ethos. The sense of hospitality, compassion and genuine acceptance is something that defines this school and we should never take it for granted. I believe it is captured in the above quote - this sense of community is something that needs to be treasured. As a school we endeavour to develop in our students a strong sense of connectedness to the school community.

We acknowledge the Wurundjeri people who are the Traditional Custodians of this Land. We pay respect to the Elders both past and present of the Kulin Nation and extend that respect to other Indigenous Australians.
We attempt to do this by nurturing each individual and encouraging them to get involved and develop a broad view of the world. By identifying with a spirit of Mercy they will hopefully give witness to these values in life beyond school.

We pray for the repose of the soul of Dianne Hope, the grandmother of Erica Fawdry (Year 10) who passed away recently. Our thoughts and prayers are with the family at this sad time.

Best wishes to students at Years 10, 11 & 12 as they undertake exams this week. In addition to exams there will be many assessment tasks that students at all year levels will be required to complete in the lead up to the end of semester.

This week we welcome Grade 5 students from local parish primary schools as part of the Future Stars program. Their introduction to the College will be via activities linked to a range of subject areas.

The Year 12 Formal is scheduled for Friday evening. This is always a very enjoyable evening where students and staff mix in a friendly atmosphere away from school. Thank you to the staff who will be in attendance and especially Mrs Janet Barr for her organisation.

The Northern Territory Immersion trip has returned. All reports are that it was a great experience and we look forward to hearing about their adventures. Thanks to Mr Finch and Ms Gunn for accompanying the students on this trip.

Thank you to the students and staff who worked as collectors for the Red Shield Appeal last weekend. Laura Cummane, Rafael Mello, Jacinta Mollica, Olivia Smith, Moira Taulitiili, Mark Tyers-Moorhouse and Charlotte Wightman were accompanied by Mrs Anne Howard, Mr Tom Leydon, Ms Kathy Broadbent, Ms Meghan Henchley and Mr Derek Elliott.

Term 2 concludes on Friday, June 29 at 2.15pm and Term 3 commences on Tuesday, July 17 for all students.

We welcome Mr Dobson back to the College after his three weeks of enrichment leave.

Michael Johnston
Acting Principal

SENIOR VCAL UPDATE - Mr Steve Tarulli

SENIOR VCAL PROVIDE SUPPORT FOR GLOBAL GATHERING

This week Senior VCAL students assisted in managing the Global Gathering, an annual event designed to provide inter-cultural contact between students within the eastern region. The attendees were a mix of primary and secondary school students from a range of different cultural backgrounds, from both government and non-government schools.

The day started with an interactive African drumming session that filled Lilydale Baptist Church with rhythm as hundreds of hands struck the cowhide drums in unison. Then Senior VCAL students were given the special privilege of handing out ‘peace’ bracelets to all in attendance. The money for the bracelets was raised through the VCAL Gladiator Ring, which was organised and managed by Senior VCAL students in the Doyle Centre on May 22.

The Senior VCAL students stood out at the Global Gathering as each wore a hoodie that displayed a logo, designed by fellow student Mohamed Mohamed. The logo also featured on a banner made by VCAL students and was used by Foundation House in its promotion of the Global Gathering.

After the introduction to the day VCAL students broke up into four groups. Each was responsible for leading and assisting attendees in the various workshops that ran throughout the day. The workshops included Emergency Services, creative expression using art/craft, a hands-on animal session, and an active movement /exercise.

At the conclusion of the workshops each participating school was presented with a gift and Senior VCAL students were given a special thank you and a round of applause for their efforts in fundraising, planning, and assisting on the day. Overall the day succeeded in developing an understanding and respect for people from different cultures while creating and strengthening links between local schools and services. Thank you to all VCAL students who participated on the day and in the planning of an event that celebrated the rich cultural diversity of schools within the eastern region.

Steve Tarulli
Applied Learning Coordinator

CAREERS IS NOW ON MOODLE

Parents and students please remember to check Careers on Moodle regularly for the latest career news and events.
Senior VCAL provide support for Global Gathering
On Tuesday May 29, all twelve teams competed at the Regional Debating Association of Victoria debate held at Tintern. Congratulations to those who participated:

Year 8
Georgia Yapp, Shannon Lowden, Candice Farrugia-Roberts, Sonja Trainor, Ashleigh Henry, Keely Halabut

Year 9
Abbyrose Madigan, Olivia Madigan, Sarah Boyd, Bridgette O’Riley, Teagan Morris, Caitie McDonald, David Remminga, Dylan Doherty, Sarah Dunstan, Jordan Sibberas

Year 10
Jared Smith, Nick Schlueter, Aaron Duivenvoorden, Rhiannon Bennett, Hannah Edwards, Sarah Byrne, Madi Henchley, Genevieve Holmes, Rachel Ward, Rachel Coy

Year 11
Jesse Duffield, Robert DiPaolo, Laura Boyd, Hannah Kelaart, Maddison Alford, Gabrielle Stolzenhain, Andrew Janssen, Victoria Clarke, Simone Guerts

Year 12
Georgia Walsh, Matthew Ressom, Melina Lucisano, Amy Darvell

Congratulations to Keely Halabut, David Remminga, Simone Guerts, Jesse Duffield and Sarah Boyd who were all awarded Best Speaker in their debates.

Thank you, also, to the staff who assisted on the night: Emma Whitehouse, Danni Webb, Ida DiGregorio, Deb Wood, Katie Stanley and Liz Boyd.

Marlya MacNeill
Debating Coordinator

FROM THE DEBATING COORDINATOR - Mrs Marlya MacNeill

Congratulations to Alex Keuken (8SI), our Reader of the Month for May!

I interviewed Alex, to find out about her reading habits.

KS: What are you reading at the moment?
AK: The Dragon Well, the third book in the Dragonlance, Spellbinder Quartet.

KS: What is your all-time favourite book?
AK: I can’t possibly choose! Inheritance, by Christopher Paolini, the Percy Jackson series by Rick Riordan, and the Ranger’s Apprentice series by John Flanagan are all my favourites.

KS: So who would be your favourite character from a book?
AK: Annabeth from the Percy Jackson series.

KS: And who is your favourite author?
AK: Christopher Paolini.

KS: What do you enjoy doing when you aren’t reading, Alex?
AK: I love playing basketball and also play the violin.

KS: Last question! If you were stuck on an island and could take one book with you, which book would you choose and why?
AK: Hatchet by Gary Paulsen, because it has lots of hints for survival!

Alex is one of many students from McAuley Campus taking part in the Victorian Premiers’ Reading Challenge. It is open to all students in Years 7-9 at Mount Lilydale. Students are challenged to read 15 books from a given list as well as books of their own choosing. They enter their progress on the VPRC website at http://www.education.vic.gov.au/prc/ and see Miss Stanley in McAuley Library to have their books verified. The Challenge runs till mid-September so there is plenty of time for students to start reading now and still reach completion by September. Talk to Miss Stanley if you have any questions and get reading!

Katie Stanley
McAuley Teacher
Librarian

MCAULEY LIBRARY UPDATE
Confidence is one of the most powerful, and one of the most elusive, qualities that creates success in life. Building confidence means that we develop the courage to try out new things. Unless we are exceptionally talented, most of us approach new activities with a slight apprehension, which is usually followed by bewilderment and confusion. Our first attempts may be feeble but if we persist we often gain a sense of mastery. If, however, someone rescues us when we are bewildered we learn that someone else can do what we cannot. This is why rescuing children when they are struggling with a new activity is toxic to confidence. There are several steps to creating and building confidence.

**Trust Your Child** - Nothing builds confidence more than trust. One of the best ways of communicating your trust is to ask your child for help. Requesting assistance communicates to a child that you regard them as capable and competent. Letting your children cook with you can be a good place to start.

**Live a Bold and Adventurous Life** - One of the best ways to develop confidence is to live an expansive life in which you do different things, eat new foods, go to strange places, see new shows or movies and try out things you wouldn’t usually have a go at. For parents this means encouraging adventure and teaching safety along the way. Kids are more durable than we give them credit for.

**Develop a Yes Bias** – This means developing a personal motto that generally says “why not?” For example, if someone says let’s go to France, you try to say sure let’s find out a way we could do that. If a child says I want frog legs and ice cream for dinner you say “You find the frogs, I’ll get the ice cream.”

**Trust Your Own Intuition** - If you’re full of self-doubt, your kids will be too. Practice trusting your intuition and hunches and follow them wisely.

**Don’t Fall into the Avoidance Trap** - When you avoid something you fear, your fear grows. What is avoided looms larger and appears more daunting, what is attempted lessens in size. While it might seem like a kindness to help people opt out of things they are fearful of doing, mostly it just makes them more fearful.

“IT IS NOT BECAUSE THINGS ARE DIFFICULT THAT WE DO NOT DARE. IT IS BECAUSE WE DO NOT DARE THAT THINGS ARE DIFFICULT.” – Seneca

**Follow the 80/20 Rule** – No one is confident at everything all the time. We all have hesitations and setbacks. Aim to be bold and confident about 80% of the time. In many areas of life, it is the predominant pattern that counts long term.

**Know That First Past the Post Isn’t Always the Best** - The person who can achieve a skill first is often not the best at that skill long-term. The person who can achieve a skill first is often not the best at that skill long-term. In fact there are considerable advantages in being a little bit older when you start new activities.

**Set Probability Goals** - A probability goal is a challenge that includes an error margin. For example, a parent might say to a child, “Let’s see if you can throw a ball into a hoop 7 times out of 15 throws”. As a child becomes more skilful we might then increase the challenge of the task by moving the hoop further away and say, “Ok it’s harder now. Let’s see if you can throw the ball into the hoop 9 times out of 20”. Probability goals help us learn how to challenge ourselves and also make it less likely that we will give up if we don’t get 100% first time.

**Little Steps Lead to Giant Leaps** - When we focus on our strengths we build the confidence to tackle areas where we are not so capable. Most highly skilled and confident people deliberately practice skills that they are not good at. They go out of their way to put themselves in challenging situations so they can become more skilled. For example, top golfers often put golf balls into the trickiest part of a bunker so they have to develop the skills to make those shots. People only learn to deliberately practice skills that they are not so good at when someone has clearly told them that they believe in them and that mistakes are the only way to get better at something. If we can’t learn to make mistakes, we can’t learn to improve. People who make no mistakes do not usually make anything.

**Build a “Have-a-Go” Culture** - People often express their insecurities by claiming that they can’t do something or by comparing themselves negatively with others. For example, “I am the world’s worst dancer” or “I’m no good at Maths”. When someone makes comments like these, acknowledge their feelings and help them to express them verbally. Ask them what makes them feel that way. Accept their fears or insecurities as genuine but don’t agree with their self-assessment. For example, you might say, “I get it that you are struggling at Maths, how can we work on it to make it easier?” Conﬁdent people make plans to improve in areas they initially ﬁnd difficult.

**Be on a Continual Treasure Hunt** – Devote your life towards looking for the best in yourself and in others. Focus on successes, skills and abilities. Be resolutely positive and follow the role model of Thomas Edison who, after trying 10,000 times to develop an electric light bulb, said “I have not failed. I’ve just found 10,000 ways that won’t work.”

Andrew Fuller references can be found at [www.andrewfuller.com.au](http://www.andrewfuller.com.au)
**SPORTS REPORT**

**STUDENT ACHIEVEMENTS**

A big couple of weeks of football achievements for our students.

Five students have been selected for the Eastern Football League Representative teams in the following teams:
- U/14 Div 2 – James Thomas and Anthony Gentile
- U/15 Div 2 – John Stewart
- U/15 Div 1 – Jayden Schille and Pat Klep

Bec Dardengo represented Victoria in the U/18 Women’s Football Championships. The Championships took place in Adelaide and Bec’s team smashed the Queensland team in the Grand Final.

A big congratulations to our six star footballers.

If you know of a student achieving in their chosen field of sport, please send us the details at lworrell@exchange.mlmclilydale.catholic.edu.au or mflood@exchange.mlmclilydale.catholic.edu.au

**SENIOR EISM RESULTS**

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**YEAR 9 EISM RESULTS**

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Details of each week’s fixture, venues and results can be found at [http://www.eism.org/](http://www.eism.org/)